

# Addie Wagenknecht on finding happiness and giving zero fucks



October 17, 2017 - Addie Wagenknecht is an artist and researcher exploring the tension between human expression and technology. Her work is concept driven, and tends to mix forms of hacking with sculpture—notable pieces include [Black Hawk Paint](#), a series of paintings made with drones, and [Asymmetric Love](#), a chandelier made of CCTV cameras that surveilled onlookers. Her material often draws on feminist theory, new media, and open-source practices. Her work has been featured in exhibitions around the world, and in publications such as *TIME*, *The New York Times*, and *Vanity Fair*. She is represented by [bitforms gallery](#) in NYC.

As told to Willa Köerner, 2404 words.

Tags: [Art](#), [Inspiration](#), [Process](#), [Collaboration](#), [Success](#), [Anxiety](#), [Failure](#).

## How do you take a nebulous idea and turn it into something real?

My ideas usually start by seeing something that just resonates. It might be a color, it might be a specific type of fabric, or something else that just sticks with me. A good example would be the pigments I use with my [Black Hawk drone paintings](#). I probably first saw these pigments 10 or 11 years ago. I was in India, and I just happened to get there at the start of Holi—a giant, citywide pigment-throwing festival.

Experiencing these really vivid colors, and seeing the impressions and the contrast they left on different areas after they'd been used, was something that I wanted to experiment with in my own work. I started thinking about how I might translate those pigments into something on canvas, something archival, and kept thinking about what it might mean to use pigments with technology or with drones...I kept asking myself all these questions. In this way, the ideas start and they just keep snowballing.



The artist working on her Black Hawk drone paintings in 2007.

## How exactly do you push these snowballing ideas forward? Are there specific tools or methods that you use?

I make a lot of lists. If I'm in a museum and I get an idea, I might write it on a napkin. Often if I have my phone with me, I'll get the idea out as a Twitter draft. My Twitter drafts folder is ginormous, because it's filled with all these really abstract notes. An example might be "screens, crotches, sounds, chords." When I see those words later, I'm already thinking about how I might produce a sculpture dealing with them. It just goes on and on like that.

Sometimes I'll have a sense of what it is I want to dive into, but I'll realize I need to do more research, so I'll start doing a lot of reading. Then this always leads to new ideas. Sometimes these ideas just die off, and I end up never actually making the work. Or, sometimes I end up making the work much later.

## What causes an idea to die off, or never take shape?

Often it's the cost—there are some pieces I've really wanted to make, but when I got quotes for the production, each one would cost as much as a really nice car, and I'll be like, "Okay, I can't do that." Sometimes I'll try to make these ideas myself, but because I don't have a background in bronzing or whatever medium I want to use, it always seems to come back to the cost thing. At some point I'll realize that I can't afford to keep experimenting, and that I just have to let the idea die off.



Liberator Rounds (2015)

**I was reading an interview where you talked about your urge to put work out quickly so as not to overthink it. Can you talk more about that?**

Yeah, that's an interesting thing. I've worked on collaborations with perfectionists who are extremely meticulous. Working with them will end up being a yin yang sort of thing. My approach is to release a lot and release often—get the idea out there and see if people start rolling with it. I guess that's very much tied to meme culture, and putting stuff out there just to see where it goes.

**You tend to work collaboratively quite a bit, often with creative collectives like F.A.T. Lab and Deep Lab. How has bringing groups of people together influenced your practice?**

I like working with people who have differing ideas, and who you don't always agree with. When you work in collaborative formats you inevitably work with people who know a lot more or a lot less than you do about certain things, so you can work off of each other's strengths. Maybe one person is a roboticist, and you have a painter who's good at logos, and you have someone else who's good at programming—then you can aggregate your strengths and figure out what you can make together that will be greater than what you can each make separately.

A lot of times it's about being drawn to people who have much more knowledge than me, because I don't have the capacity to gain 20 years of experience in an area that they know about. By hanging out with them, and by asking questions and getting them to help me—while at the same time, I might be helping them—we create this relationship dynamic that really appeals to me.



Asymmetric Love, 2013

**What has been the biggest risk you've taken as an artist?**

Honestly, just trying to be an artist is such a risk. So much of it rides on this cycle of having money to produce work, and then once you produce the work, carrying on the cost of the production until it sells. And then, if it doesn't sell, how do you make more work? Exploring new models for production is something that I've been advocating to a lot of other artists, because I don't feel that the gallery system is necessarily in our favor. Right now, looking at ways to produce work that aren't dependent on sales is really important to me. If I hadn't initially found a residency that funded my production and gave me a stipend, it would've been nearly impossible to start out.

**How did you weigh those risks when you were starting out?**

Before I went to grad school, and during grad school, I had a few corporate jobs. I was working so that when I got out of school I would have very little debt. I was really aware of trying to get an education in a way that would allow me to experiment, without needing to make all these large payments. Between balancing freelance jobs with production and talking at conferences or at universities—I'm just sort of always making enough to keep going for the next month.

**What types of freelance jobs were you doing?**

When I was in grad school, I made a lot of websites for places that needed graphic design, or back-end and front-end work. Once I got out of grad school, I had a paid Eyebeam residency that provided me with about \$30,000 for the year, plus \$500 a month for production materials. So that was great. After that, I started working with the Open Hardware Association, a non-profit in the US, helping run a conference there. Between that and running some Kickstarters, it has always been a "little bit more, little bit more" sort of thing.

**I noticed that in your email signature, you have a disclaimer noting that you only check your email twice a day, and between certain hours. Can you talk more about how you structure your time?**

I tend to wake up and exercise (if I want to). In the morning, I try to do whatever it is I need to do that day for myself—like errands or writing—before I check my email. I find that once I check my email, the rest of the day becomes about other people's needs. I used to always check my email first thing in the morning, but then I would spend like six hours emailing, and I would never get to my own projects.

I actually got the idea from Anna Wintour, of all people. I couldn't believe I had never thought about it, and now it seems so obvious. It's the same with social media—I'll check it while I'm drinking my coffee in the morning. Then, when my coffee's done, the social media's done, too. Otherwise it just ends up eating my whole day.

**Has there ever been a time where you had to shut down a project or stop working with someone because it wasn't working out? Have you ever felt like you failed?**



I think I fail, like, every day. But there have definitely been things where I thought they failed tremendously, and then for whatever reason someone sees it and understands it. Sometimes it's years later. I don't mean to bring this up again, but my drone paintings are an interesting example of that. When I made them initially, it was because I wanted to try action painting in a way that didn't utilize brushes. After I made them, people were like, "that's really funny," or "yeah that's totally a good idea," but after that the interest died out. Then, five or six years later, people started rediscovering the stuff and thought it was fascinating.



Detail of finished drone painting

**It's all about the conversation that's happening in the world, and the context the work comes into.**

Yeah, it's about being in the right moment for the right ideas. And if it's not the right time, then yes, things can fail tremendously. But in general, I'm constantly failing, so I don't really use that as a metric. I make the work I make because I need to express something, or because I have an interest in researching something. Then once it's out there, it's just out there.

**In that case, what does success look like to you?**

That's like asking what is happiness, right? I used to think there were these concrete metrics for everyone, like having a really nice car and a big house. That whole cookie-cutter idea is very prevalent, especially with the whole Kardashian scene (which I love, by the way) where you just hang out and have this house and really nice clothes and everything's amazing, right? But it's interesting—when I was growing up, my mom was a financial advisor, and she worked at one of the big brokerage firms. I think her clients had to have some ridiculous minimum income, like \$15 million or something. She always would tell me, "the most miserable people I know are always the wealthiest."

This idea has stuck with me because so often, it's the truth. It's not necessarily true for everyone, but I do know a lot of people who were successful very young, and they've built these ivory towers to try to protect themselves from everything. They just seem to live in fear of other people, in this state of

mistrust, isolation, and unhappiness. So I think of “success” in terms of having really good people around me—people who are authentic in the sense that I can show up at their door in a total mess, broke and upset—and they just take me in. Having these no-bullshit relationships, and building that authentic sense of community, is really my metric for success. Plus, being able to do what I want in terms of traveling, hanging out with my dog, and other small things that I wouldn’t have equated happiness or success with initially. These things are what help me feel like a successful, whole person.



*I quit*, documentation print from performance

**Do you have other tricks for keeping yourself stress-free and feeling like a whole person? I’ve seen you on stage in front of huge crowds, and you always seem totally cool, calm, and collected. How do you pull that off?**

I’m super type A, super anxious, and I set super high expectations for myself. But I can also go outside in my pajamas to get a coffee, zero fucks given. It just depends on the situation—sometimes everything has to be perfect and practiced, and I need a blowout and my clothes need to be clean. I guess it’s about figuring out what hills you want to die on, or what’s important and what’s not. Does anyone actually care if I walk my dog in my sweatpants? No.

It’s really about knowing what matters to me, and trying to be as honest as I can with the people in my life. It’s also about realizing that nothing’s ever perfect, and I’m going to mess up. Everyone’s going to have bad days. It’s just part of what makes living life real and interesting.

**I like the idea of recognizing “which hills to die on,” or being honest about which things you care about, and which you can let go. How you hold yourself accountable to making those things you care about happen?**

When there’s something big I want to have happen, I tend to have it on a list—or at least I have it in my mind—and then I keep chipping away at it. So if I’m trying to get from A to B, I’ll think about it in terms of getting to “B and a half.” I like to visualize things in micro steps. And if it’s something that a billion other people that have done before me, I’ll look and see, what does their CV say? What exhibitions have they been in? Who have they shown with? What collections are they in? Looking into these things will give you hints of possible trajectories you could take, and possible approaches.

**What are you most excited about doing next?**

I spent the last month or so visiting family in the States, so I’m really just excited to start working again. Not working for a while makes me crave it more, so producing new things is what I’m really excited about right now. I’m also excited about going on vacation somewhere. Eventually.

**Addie Wagenknecht recommends:**

Everyone should go to [Varanasi](#) just once in their life. Get up at 4am for sunrise, and get a rowboat to watch the ghats burn.

Read [The Lonely City: Adventures in the Art of Being Alone](#) by Olivia Laing. It’s about a woman living in NYC in her 30s, and the spaces between people—how those gaps can draw us together, and how loneliness is so intrinsic to the very act of being a person.

Shameless self promotion of [my instagram](#).

Have at least one dog in your life at all times.

Care less about what other people think, and remind yourself that most people are so concerned with/insecure about themselves that they don’t notice your imperfections.

Name

Addie Wagenknecht

Vocation

Artist, Researcher



## Fact

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